

*Venerable
Sister
Consuelo
lived entirely
for Christ*



(1925-1956)

Sister Consuelo lived and learned in the school of Francis. She stripped herself of everything (evangelical poverty) and lived the most radical truth of complete dependence on God (humility) in constant and on-going conversion (Lenten life) and in an environment of evangelical silence as she devoted herself to pure and persistent prayer so as to make the most ardent charity the foundation of all her being.

***She gave her life to God with
the strong resolve:***

"I want to be a saint, a young saint."

She lived the Minim spirituality in integrity and wholeness, giving a very fruitful response to the needs of her time. Today, the life of Sr. Consuelo continues to be a call and a challenge to the young who long and search for what is noble and heroic.

The Minim Nuns of St. Francis of Paola



For more information, write or call:

Monastery of St. Francis of Paola

MINIM NUNS

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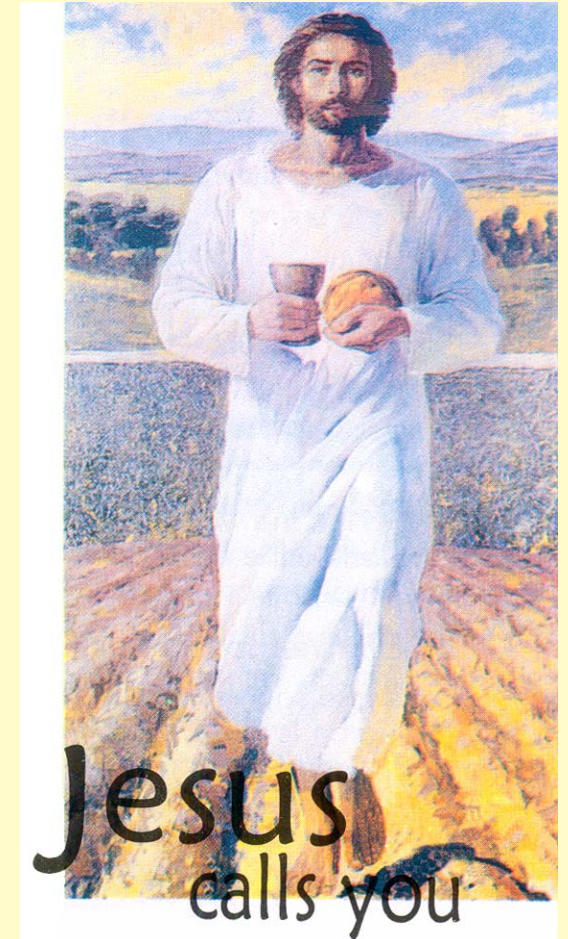
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What is your life worth?



**Listen to him
and follow his
WAY**

THE MINIM NUNS OF ST. FRANCIS OF PAOLA

Let Saint Francis of Paola be your light and your guide



(1416-1507)

Francis of Paola left the world when he was very young and went to the desert to embrace a life of prayer and penance, devoting himself completely to God.

The young people soon saw in Francis the answer to their search to live the Gospel. This was how the Minim Order began in southern Italy.

In Spain, a group of young women, attracted by the way of life of St. Francis of Paola, decided to live in the same way. Francis received them as his sisters and gave them a rule with a strong emphasis that they pray for peace, "a good worthy of its high price."

Today, in different places, the Minim Nuns give witness to the world to the supremacy of the Love of Christ with their total dedication to God in their life of contemplation, of prayer and penance for all women and men in the world.

Prayer

In total submission to God, the Minim Nuns spend their lives in prayer and penance for the good of humankind, for which they praise, bless and thank God, and intercede for all the needs of people.

Their evangelical silence and cloistered life bring about this gift.



Penance

They embrace a Lenten life of penance as an expression of continual conversion as a way of union with the Crucified and Risen Jesus, in solidarity with his work of redemption. In this way, they answer the call of Jesus in the Gospel:

"Be converted and produce fruits worthy of penance."

Charity

Charity – the motto of the Minim Family – animates their commitment and is the very reason of their existence.



Eucharist

They find strength in the celebration of the Eucharist and the daily Adoration of the Blessed Sacrament.

Humility

Following the footsteps of the poor and humble Jesus, with Mary his Mother, they are strengthened to be clothed like them that they too may empty themselves.

Work

Work in the monastery is done as a community and as a continuation of prayer throughout the day.



Life in Common

In the community, they become one heart and one soul in joy and sisterly love.